

FOR IMMEDIATE RELEASE

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UCP of Long Island's to Host Annual Life Without Limits 5K Walk & Wheel

Hauppauge, NY (September 28, 2018) – United Cerebral Palsy of Long Island will host its annual *Life Without Limits* 5K Walk & Wheel and celebrate World Cerebral Palsy Day at Belmont Lake State Park on Saturday, October 6, 2018. Proceeds from the Walk & Wheel support vital programs and services such as education, employment and residential services; geared towards advancing the independence, productivity and full citizenship of people with disabilities.



“The Life Without Limits 5K Walk & Wheel is an annual favorite at UCP. This is an opportunity for our individuals, staff, families and the community to come together to support our mission,” said Stephen H. Friedman, President & CEO of UCP-LI. “We look forward to raising awareness by promoting a *Life Without Limits* for children and adults with disabilities”.

The event will include a walk or wheel around the lake, music and food. It will also feature the ever-popular “Kid’s Korner,” which will include: tattoos, balloon animals, a pumpkin patch and an arts and crafts area for children. Suffolk Police Department K9 and ESU units will also be on site to support the mission. The top fundraising team will have an opportunity to win UCP of Long Island’s *5K Walk & Wheel Trophy*. The team’s name will be engraved on the large trophy and displayed in UCP-LI’s trophy case for the year. The winning team will also receive a smaller trophy to take home.

Bethpage Federal Credit Union returns as Presenting Sponsor, with additional sponsorship support received from M&T Bank, Allergan and Patriot Mobility. We generously thank them for their support!

Registration is available online at <https://give.classy.org/ucpwalkwheel>

If you cannot walk or wheel in the event, you can help support UCP of Long Island by making a donation, or by creating a fundraising page. For more information about the *Life Without Limits* 5K Walk & Wheel and how you can make a difference in the lives of people with disabilities, contact Kathi Weissberger, Development Manager/Special Events at 631-232-0011 ext.451 or kweissberger@ucp-li.org.

For more information regarding event coverage, please contact Lindsay Ekizian, Public Relations Manager at 631-232-0011 ext. 457.

*For over 65 years, United Cerebral Palsy of Long Island has positively impacted the lives of people with disabilities through the outstanding quality of our programs and services and the compassion we convey to those we serve. UCP of Long Island is committed to advancing the independence, productivity and full citizenship of people with disabilities by creating **Life Without Limits**. Our heartfelt mission is to provide life skills training, education, advocacy, meaningful employment and a place to call home for Long Islanders with a wide range of disabilities. UCP of Long Island proudly upholds the values of excellence, integrity, dignity, empowerment, responsibility, accountability, vision and innovation. For information on UCP of Long Island programs and services, please visit www.ucp-li.org.*