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## UCP of Long Island's Life Without Limits 5K Walk & Wheel

**Hauppauge, NY (September 8, 2017)** – United Cerebral Palsy of Long Island will host its *Life Without Limits* 5K Walk & Wheel at Belmont Lake State Park on Sunday, September 17, 2017.

Proceeds from the Walk & Wheel support vital programs and services such as education, employment and residential services; geared towards advancing the independence, productivity and full citizenship of people with disabilities.

"Our Walk & Wheel is an annual favorite at the agency because it is an opportunity for all of our program participants, families, friends, staff, local businesses and community members to support our mission to create *Life Without Limits* for people with disabilities," said Stephen H. Friedman, President & CEO of UCP of Long Island. "We are looking forward to a wonderful day."

The event will include a walk or wheel around the lake, music and food. It will also feature the ever-popular "Kid's Korner," which will include: tattoos, balloon animals, a pumpkin patch and an arts and crafts area for children. The top fundraising team will have an opportunity to win UCP of Long Island's *First Annual 5K Walk & Wheel Trophy*. The team's name will be engraved on the large trophy and displayed in UCP-LI's trophy case for the year. The winning team will also receive a smaller trophy to take home.

Bethpage Federal Credit Union returns a Presenting Sponsor, with additional sponsorship support received from M&T Bank, Albrecht Viggiano Zureck & Co, Allergan, The Employment Connection, People's United Bank and Home Medical Equipment. We generously thank them for their support.

## Registration is available online at www.ucpwalkwheel.org.

If you cannot walk or wheel in the event, you can help support UCP of Long Island by making a donation, or by creating a fundraising page. For more information about UCP of Long Island or the *Life Without Limits* 5K Walk &Wheel contact the Office of Development at 631-232-0015 or dev@ucp-li.org.

For over 65 years, UCP of Long Island has been committed to advancing the independence, productivity and full citizenship of people with disabilities by creating **Life Without Limits**. UCP of Long Island provides programs and services to children and adults with disabilities. The Children's Center at UCP of Long Island offers early intervention, preschool and school aged programs. The agency provides Adult Day services which include Day Treatment, Day Habilitation and Respite programs, as well as job training and placement services. In addition, UCP of Long Island has 31 residences and a 12-unit apartment complex in Suffolk County for individuals with disabilities.